

The Youth Achievement Centre (YAC) is located at 501 Taylor Street in downtown Whitehorse, and is operated by the Department of Health and Social Services, Youth Justice. YAC provides programs during the day and evening for the following categories of youth aged 12-17: young persons involved with the criminal justice system, youth in the child welfare system, and youth at risk. The centre currently offers prevention, education, vocational training, supervision, and recreation programming.

### **Programs offered:**

We offer a variety of recreational programming which focus on specific skill development, and the importance of recreation in daily life. Please note these programs are not offered every quarter. Contact us to inquire about availability.

### **Transportation**

Rides can be provided to youth who need support to get to school, YAC, or work.

### **Education Outreach (EO)**

A tutorial and transition program for youth who are unable to attend school and are interested in improving skills, working on credit courses or receiving assistance with returning to school or work. Education Outreach sessions aim for one-on-one and small group instruction with individual scheduling for each youth. Support is provided to youth who may wish to explore other educational and vocational options.

### **Woodworking Workshop**

An opportunity to explore an interest in woodworking. The Workshop offers projects for all levels and is a positive and structured environment for hands-on skill development. For youth looking for more, the Workshop is a great program to be introduced to the carpentry and cabinetmaking trades as a possible career opportunity.



### **Helping Hands Work Experience**

Designed to help serve the community and have fun helping others. It's an opportunity to complete your community service work and volunteer hours. Work experience can also be arranged for youth in the EO program, or youth looking to get into the work force.

### **Job Hunter**

An opportunity to understand your skills and assets; develop a resume and cover letter; learn how to look for jobs; learn job interview skills and discuss the skills necessary to keep your job.

### **Community Connections**

Program Facilitators at YAC provide assistance to youth in many areas of life, health and on-going education. These can include:

- Assistance with obtaining a driver's licence; including studying for the driver's test
- Independent living support; searching for an apartment, links to Adult Services, financial resources, support and education on how to budget
- Community support; referrals to and information about other agencies
- Life skills support; obtaining identification, setting up a bank account, etc.

### **Breakfast and Lunch Program**

Breakfast and lunch can be provided for youth who need a place to eat and who will share in clean-up chores. Youth can access recreational activities and computers.

### **Food & Nutrition**

Learn to prepare a complete, simple and delicious meal that will be shared for lunch. Focus will be on understanding the four food groups and using nutritious and cost effective alternatives to prepare traditional foods as well as flavours from around the world. Culinary skills and safety will be taught in this delicious program.

### **Young Men's Sports**

This group involves participation in positive recreational activities and helps youth become more aware of important social issues for young men. Dinner and a ride home are included.

### **Recreation & Fitness**

Most sessions consist of pre-arranged activities such as biking, canoeing/kayaking, and hiking in the summer. In the winter, snowshoeing skiing/snowboarding, and swimming are common areas of interest. Sporting activities and fitness centre workouts are also popular and offered year round.



## Prevention Programs:

Our prevention programs have scheduled start and end dates. Call to find out when the next program begins.

### Life without Trouble

This is a program to help youth, who may have *Youth Criminal Justice Act*, involvement, develop protective factors and increase their pro-social skills.

### Let's Talk Drugs

This is an educational program for youth experimenting with alcohol and drugs. This program focuses on information about addiction, drug classifications, specifics about marijuana and alcohol, as well as exploring personal substance use issues.

### Let's Talk Drugs Coaching

This is offered to all youth who have completed the Let's Talk Drugs program and want to get one on one support to work on their individual goals regarding alcohol and drug use.

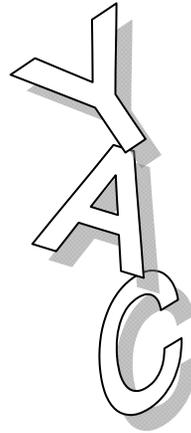
### Frustration Management

An educational approach to help young people develop skills needed to manage frustration, anger, and other emotions.



## OUR MANDATE

**“Strives for the enhancement of youth potential by providing a safe, structured, and engaging program environment that promotes and develops levels of trust, respect, and responsibility.”**



**If you know of a youth that could benefit from our services, stop by during our regular hours, call or email us.**

## Youth Achievement Centre

Regular hours:

Monday to Friday

8:30 am – 5:00 pm

501 Taylor Street

Whitehorse, YT Y1A 1T7



(867) 667- 3759



(867) 667- 3799



yac@gov.yk.ca

***Youth  
Achievement  
Centre***

***Trust  
Respect  
Responsibility  
Leadership***