

# Yukon Palliative Care Resource Team

## Clinical Tools

### Palliative Performance Scale (PPS)

The PPS is a great communication tool to describe a client's current functional level, has prognostic value and can be used for workload assessment and other measurements.

**Palliative Performance Scale -**

[https://www.victoriahospice.org/sites/default/files/ppsv2\\_english\\_-\\_sample\\_-\\_dec\\_17.pdf](https://www.victoriahospice.org/sites/default/files/ppsv2_english_-_sample_-_dec_17.pdf)

### Edmonton Symptom Assessment System (ESAS)

The ESAS is designed to help health care professionals assess common symptoms at the end of life. The ESAS elicits the patient's subjective perception using a numerical scale.

**Edmonton Symptom Assessment System -**

<http://www.palliative.org/NewPC/professionals/tools/esas.html>

### Pain Assessment in Advanced Dementia (PAINAD)

The Pain Assessment in Advanced Dementia (PAINAD) was developed to assess pain in patients who are cognitively impaired, non-communicative, or suffering from dementia and unable to use self-report methods to describe pain.

**PAINAD -** [https://www.northernhealth.ca/sites/northern\\_health/files/health-professionals/palliative-care/documents/painad-assessment.pdf](https://www.northernhealth.ca/sites/northern_health/files/health-professionals/palliative-care/documents/painad-assessment.pdf)

### Other Resources and Guidelines

- **Bowel Management Guidelines: Victoria Hospice -**  
<https://www.victoriahospice.org/sites/default/files/2bbbowelperformancescale.pdf>
- **Psychosocial Assessment Tool: Victoria Hospice -**  
[https://victoriahospice.org/sites/default/files/psychosocial\\_assessment\\_2010\\_01.pdf](https://victoriahospice.org/sites/default/files/psychosocial_assessment_2010_01.pdf)
- **B.C. Inter-professional Palliative Symptom Management Guidelines -**  
<https://www.bc-cpc.ca/cpc/symptom-management-guidelines/>
- **O-V Symptom (pain) Acronym Assessment Scale -** [https://www.fraserhealth.ca/-/media/Project/FraserHealth/FraserHealth/Health-Professionals/Professionals-Resources/Hospice-palliative-care/SymptomAssessmentRevised\\_Sept09.pdf](https://www.fraserhealth.ca/-/media/Project/FraserHealth/FraserHealth/Health-Professionals/Professionals-Resources/Hospice-palliative-care/SymptomAssessmentRevised_Sept09.pdf)
- **Supportive and Palliative Care Indicators Tool (SPIC-4ALL) -**  
<https://www.spict.org.uk/the-spict/spict-4all/>

