



WHAT'S NEW

Support Worker Core Competency Project



The Support Worker Core Competency Project is a collaborative foundational training initiative developed by the member organizations of the Inter-Agency Network on Disability with the support of the Mental Wellness Innovation Fund.

The aim is to create a base learning option for all support workers within the field of disability to ensure consistent, informed and confident care when working with clients. To date, research regarding cross-jurisdictional best practices in competencies within disability work has been conducted as well as focus groups with support workers and management within the Yukon to get a better sense of their knowledge needs.

In addition, module topics and their associated curriculum outlines have been created by a team of staff taking on the role of curriculum advisors as means of expanding their skillset and enhancing the ground-up build of the program. A pilot project will be held in the November to test the content.

PEOPLE, PROGRAMS & EVENTS

Mental Wellness Summit

The second annual Mental Wellness Summit was held at the Kwanlin Dun Cultural Centre on October 4th and 5th. The theme this year was "Inspiration, Innovation, Celebration," which was designed to celebrate some of the successes that have taken place to improve the mental wellness of Yukoners since the release of Forward Together: Yukon Mental Wellness Strategy. Two keynote speakers for the event were Dr. Shimi Kang, an award-winning medical doctor and researcher, who spoke about human motivation and resilience, and Bruno Guevremont, a Bell Let's Talk ambassador, who spoke about his experience as a veteran with post-traumatic stress disorder and mental illness. Feedback from the event has been positive, with 79% of survey respondents rating the event as 'excellent' or 'very good.'



Upcoming Training

- November 2** – *Leading Systems Change*
- November 8** – *Building Teams that Trust (Royal Roads) (waitlist only)*
- November 9** – *Resilience and Change: Building Personal, Team and Cultural Resilience (Royal Roads) (waitlist only)*
- November 15 & 16** – *Applied Suicide Intervention Skills Training – Haines Junction*
- November 28 & 29** – *Applied Suicide Intervention Skills Training – Carcross*
- November 29 & 30** – *First Nations – History and Culture (waitlist only)*
- November 28 & 29** – *Mental Health First Aid for Adults Who Interact with Youth*
- December 14** – *Compassion Fatigue and Secondary Trauma – Beyond Kale and Pedicures (TEND Academy)*

In order to register for any of the training opportunities, please visit our online system!

[Register Now](#)

Dimensions of Wellness

Brain Architecture (Video: 2:35 min)

A growing body of evidence demonstrates that the things we experience in the first years of life affect how our brains are built.



Promising Practices



Building an Indigenous Mental Health System of Care: Why Culture Matters (webinar)

Carol Hopkins, Executive Director of the Thunderbird Partnership Foundation, speaks about Cultural humility and using a strengths based approach.