



## WHAT'S NEW

### - Innovation Fund Update -

In June and September 2016, calls for applications went out for projects aimed at helping support communities in Yukon to develop and deliver initiatives in order to improve mental wellness for all Yukoners. Upon final review by the First Nations Partners Committee and Executive Sponsors, a total of **26** projects received some funding from the \$1 million innovation fund!

A map was recently created to highlight all of the communities and projects funded through the Innovation fund. [Click the icon to the right to see the map.](#)



CBC Yukon also recently sat down with Louise Hardy – an Innovation Fund recipient for their project: *'Therapeutic Cancer Care Group'* – A 6-week series of art and drumming sessions for cancer patients. [\(Have a listen below ...\)](#)



We are checking in with all the projects in order to chart progress and provide any needed support. In the near future, we will be featuring updates and stories of some of the funded projects, right here.

## PEOPLE, PROGRAMS & EVENTS



### Mental Wellness Summit 2017!

OCTOBER 4 & 5, 2017

Kwanlin Dün Cultural Centre

We are currently in the planning stages of this year's summit and look forward to sharing further details with you soon.

We hope you can join us!

### Herding Cats: Some Amazingly Effective Ways to Get Things Done Together\*

Tuesday March 14, 2017 (6:00pm – 9:00pm) @ (co)space



**Keith McCandless (co-developer of Liberating Structures) and Shannon Patterson**  
"Liberating Structures is a revolutionary way of helping groups work together." "This workshop will introduce you to Liberating Structures (LS) – tools deceptively simple and elemental, but capable of yielding remarkably powerful and profound outcomes."

\* Sponsored by [YuKconstruct \(co\)Space](#) and [Yukon Volunteer Bureau](#)

### Monthly Webinar

Please click on the button below to pre-register for the free webinar!

**March's webinar: *Supporting Northern Developing Families: An Overview of the Healthy Families Healthy Babies Program in Dawson City?* (Angela Van Nostrand)**

**Date:** Tuesday March 7, 2017  
@ 12:10pm – 12:50pm



### March – Upcoming Training

**March 9 & 10 – *First Nation: History and Culture***

**March 29 & 30 – *Trauma Aware Practice (TAP) for Frontline Workers***

**In order to register for any of the trainings, please visit our new online system! Please note that you must pre-register to attend the training.**



### Dimensions of Wellness

Following up from Stacey Burnard's February webinar on Self-Regulation – a blog on *'How To Avoid Being Psychologically Destroyed By Your Newsfeed'*



[\(Click on picture to visit the link\)](#)

### Promising Practices

*linkAges Community*: An interesting idea which connects people in communities. People can offer services and bank hours for their work and then use those hours in return to receive services from someone else. Take a look!



**Feedback:** Feedback is greatly appreciated. Please fill out a quick survey to help us learn about what you thought about this note and about what you would like to see in the future.

