



WHAT'S NEW

- Innovation Fund: First Round of Applications -

30 applications were submitted for the June 30th deadline. The First Nations Partners Committee and Executive Sponsors reviewed applications and awarded 12 community projects. There were many great initiatives from a variety of Yukon communities. For more information and to see a complete listing of the approved projects, please see the news release:

<http://www.gov.yk.ca/news/16-289.html#.V7xyAWfL2Hs>. The second round of applications will be due September 2, 2016. For more information, see: www.hss.gov.yk.ca/forwardtogether.php.

Congratulations to all of the projects - helping to move the mental wellness of Yukoners forward!

- Mental Wellness Summit Feedback -

The first Mental Wellness Summit was hosted at Kwanlin Dün Cultural Centre on June 23 & 24, 2016. Just over 42% of attendees completed surveys to provide feedback and help inform future events. 81% of respondents rated the overall event as: good (28%), very good (43%) or excellent (10%). Overall, there were many positive comments; however, participants would have appreciated more time for discussion in smaller groups and more focused questions. This feedback, as well as others will help plan future events.



Opening Fire & Closing Fire (Matt Jacques Photography)

PEOPLE & PROGRAMS

Jackson Lake Wellness Team (JLWT) Renewal

The JLWT is funded by Health Canada and received funding renewal for two years with the possibility of an additional two years. The success of the community-based initiatives serving KDFN and other FN citizens in Whitehorse and on an outreach basis to communities is well established. The community-based and outreach work is linked to the 4-week land-based "Building a Path to Wellness" program that has been running consistently since 2010. The 4-week program for women begins August 24 with a renewed focus and women leading the program as both the cultural and clinical leads. Collaboration with Alcohol and Drug Services continues to be a feature and stronger relationships with First Nations and Whitehorse-based agencies – both Yukon Government and Non-government groups have strengthened the foundation of the programs and services.

New youth-oriented funding from Justice Canada and the Movember Foundation has resulted in a 4-day "Living Life for Men" program on the land linked to additional programming in community. The youth-oriented programming for 12-17 years old male and female youth involved with the criminal justice system is being planned and implemented in partnership with key youth serving agencies. Collaborative youth and family events have included a beaver hunting camp and time on the land at Jackson Lake. The programming focused on strengthening cultural identity, learning land-based, cultural skills and sharing support through stronger peer networks and intergenerational connections.

Feedback: Feedback is greatly appreciated. Please fill out a quick survey to help us learn about what you thought about this note and about what you would like to see in the future.

[FEEDBACK](#)

Monthly Webinar

Please follow the link below to pre-register for the free webinar & you'll also receive a reminder email closer to the event.

September's webinar: Meet FASSY (Fetal Alcohol Syndrome Society Yukon)

Date: Tuesday September 6, 2016
@ 1:00pm – 2:00pm

[Click here to Register](#)

September – Upcoming Events

September 21, 2016

- **Resilience & Change: Building Personal, Team & Cultural Resilience**
- @ Best Western (General Store)
- Only 30 spots available each day

[REGISTER](#)

September 22, 2016

- **Resilience & Change: Building Personal, Team & Cultural Resilience**
- @ Best Western (General Store)
- Only 30 spots available each day

[REGISTER](#)

Dimensions of Wellness

Occupational Wellness: Achieving a balance between work and leisure time, addressing workplace stress and building relationships with co-workers.

Enjoy this reading as a reminder to take time for the important things in life:

[READ MORE...](#)

Also check out this TED talk: The happy secret to better work (Shawn Achor):

[Watch video](#)

Promising Practices

An article from the *Open Minds* series in the *Globe and Mail*. A 'housing first, but not housing only' model is described as a means to keep people off the streets.

[READ MORE...](#)