



WHAT'S NEW

What is new? Firstly, this news note is new! Along with the Yukon Mental Wellness Strategy that was recently released. This note will serve as a way to communicate where things are at each month and what everyone behind the strategy has been up to.

Things have been moving at a quick pace since the release of the strategy, the following key pieces have already taken place:

- Committees have been established with more than a 100 Yukoners asked to participate in First Nations Partners, Community Advisory or on the three Working Groups
- Co-Chairs of Working Committees have been selected
- Invitations for all Working Groups and the Community Advisory have been sent out

What will be happening soon:

- Deputy Minister Committee with YHC - June 8th
- HSS Staff Meetings with ADMs
- Monthly training days beginning
- Mental Wellness Summit on June 23 and 24th (see details in Upcoming Events section)
- Brenda Lee Doyle and Sherri Wright will be meeting with staff throughout the department to talk about the Strategy and answer questions staff may have

PEOPLE & PROGRAMS

The Sarah Steele project team has been responsible for both the enhancement of current programs and the development of new programs as related to the new Sarah Steele facility. The development team came together to construct evidence-based services and supports that will better serve the needs of Yukoners resulting in superior outcomes across Yukon. The team collaborated with Yukon's partners, including CYFN and KDFN, and with other branches and departments of the Yukon Government, to ensure that a comprehensive, person centred approach to providing addiction and mental health services to Yukoners becomes a reality. New programming will include:

- 24/7 withdrawal service for youth as well as gender-specific residential treatment program
- Continuous intake to reduce wait times
- Youth treatment support

Feedback: Feedback is greatly appreciated. Please fill out a quick survey to help us learn about what you thought about this note, the strategy, and about what you would like to see in the future. <https://www.surveymonkey.com/r/YukonMentalWellness>

Monthly Webinar

Trainings are en route, and will be starting this month! There will be a monthly webinar that will take place on the first Tuesday of each month.

June's webinar:

Welcome to Yukon's Mental Wellness Strategy

Date: Tuesday June 7, 2016
@ 1:00pm – 2:00pm

Link:

<https://forwardtogether.webex.com/forwardtogether/onstage/g.php?MTID=e4a0ccaa1be16d9f4d97d0d3a35b6d0c0>

June – Upcoming Events

June 22 – Orientation for Working Groups and Community Advisory First Nation Partners

- Kwanlin Dün Cultural Centre (1:00 – 4:00)

June 23 & June 24 – Mental Wellness Summit

- Kwanlin Dün Cultural Centre (9:00 – 4:00)
- Registration information arriving by email

Dimensions of Wellness

Emotional Wellness: 1 of 8 dimensions identified in the Yukon Mental Wellness Strategy



Promising Practices

A recent article from the US exploring prevention efforts in supporting youth with their mental wellness in school settings.

www.bostonglobe.com/metro/2016/05/16/schools-confront-students-rising-mental-health-toll/J4nGkaSYW23qDbmQ2PmjLO/story.html