

A stylized, hazy city skyline is visible in the background, featuring various skyscrapers and a prominent tower on the left side. The entire scene is bathed in a warm, golden-yellow light, suggesting a sunrise or sunset.

+ CALGARY

## Travel

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### *Air Canada*

1-888-247-2262  
[www.aircanada.com](http://www.aircanada.com)

### *Air North*

1-800-661-0407  
[www.flyairnorth.com](http://www.flyairnorth.com)

### *Calgary Airport*

1-403-735-1200,  
 1-877-254-7427  
[www.yyc.com](http://www.yyc.com)

### *Calgary Transit Information*

*including C-Train*  
 1-403-262-1000  
[www.calgarytransit.com](http://www.calgarytransit.com)

### *Handi Bus*

*book ahead*  
 1-403-537-7777  
[www.calgaryhandibus.com](http://www.calgaryhandibus.com)

### *Hotel shuttles*

*from airport to  
 downtown: direct line or  
 contact hotel*

### *Taxis*

*direct lines at airport, in  
 some hotels, and inside  
 hospital main doors*  
[www.discovercalgary.com/Transportation/Taxis](http://www.discovercalgary.com/Transportation/Taxis)

### *Volunteer drivers*

- › *Alberta Cancer Foundation*  
*for cancer patients,  
 48 hours notice*  
 1-403-521-3433  
[www.albertacancer.ca](http://www.albertacancer.ca)
- › *Canadian Red Cross*  
 1-403-541-100  
[www.redcross.ca](http://www.redcross.ca)

## Accommodation

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[www.discovercalgary.com/hotelsmotels](http://www.discovercalgary.com/hotelsmotels)

[www.booking.com/Calgary](http://www.booking.com/Calgary)

[www1.travelalberta.com](http://www1.travelalberta.com)

[www.bbcalgary.com](http://www.bbcalgary.com)

[www.informalberta.ca](http://www.informalberta.ca)

### **Near Alberta Children's Hospital**

*Delta Bow Valley*

1-403-266-1980,

1-888-890-3222

[www.deltahotels.com](http://www.deltahotels.com)

*International Hotel Suites of Calgary*

1-403-265-9600,

1-800-661-8627

[www.internationalhotel.ca](http://www.internationalhotel.ca)

*Sandman Hotel Downtown*

1-403-237-8626,

1-800-266-4684

[www.sandmanhotels.com](http://www.sandmanhotels.com)

### **Near Foothills Hospital**

*Best Western*

*Village Park Inn*

1-403-289-0241,

1-888-774-7716

[bestwesternalberta.com](http://bestwesternalberta.com)

*Calgary North Travelodge*

1-403-289-0211,

1-800-525-4055

[www.travelodge.com](http://www.travelodge.com)

*Econo Lodge Banff Trail*

1-403-289-1921,

1-800-917-7779

[www.econolodgecalgary.com](http://www.econolodgecalgary.com)

*Ramada Ltd.*

1-403-289-5571

[www.ramada.com](http://www.ramada.com)

*Royal Wayne Motor Inn*

1-403-289-6651

*Super 8 Motel*

1-800-454-3213

[www.super8.com](http://www.super8.com)

**Near Peter Lougheed  
Centre**

*Best Western  
Port O' Call Inn*  
1-403-291-4600,  
1-800-661-1161  
[www.bestwestern  
alberta.com](http://www.bestwesternalberta.com)

*Pointe Inn*  
1-403-291-4681,  
1-800-661-8164  
[www.pointeinn.com](http://www.pointeinn.com)

*Travelodge Hotel  
YYC Airport*  
1-403-291-1260  
[www.travelodge.com](http://www.travelodge.com)

*Comfort Inn + Suites  
Airport*  
1-403-735-1966  
[www.choicehotels.ca](http://www.choicehotels.ca)

*Sheraton Cavalier  
Calgary*  
1-403-291-0107  
[www.sheratoncavalier  
calgary.com](http://www.sheratoncavaliercalgary.com)

**Other**

*YMCA Calgary*  
1-403-256-5533  
[www.ymcocalgary.org](http://www.ymcocalgary.org)

*YWCA Calgary*  
1-403-263-1550  
[www.ywcaofcalgary.com](http://www.ywcaofcalgary.com)

**Medical Lodges**

*Accessible Housing  
Society  
disabilities*  
1-403-282-1872  
[www.ahscalgary.ca](http://www.ahscalgary.ca)

*Foothills Hospital  
residence*  
1-403-944-1110  
[www.albertahealth  
services.ca](http://www.albertahealthservices.ca)

*Ronald McDonald House*  
1-403-240-3000  
[www.ahomeawayfrom  
home.org](http://www.ahomeawayfromhome.org)

## Hospitals and Health Centres

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### Emergencies

*fire, police, ambulance*  
911

### Hospitals

*Alberta Children's Hospital*  
1-403-955-7211  
[www.crha-health.ab.ca/ACH](http://www.crha-health.ab.ca/ACH)

*Foothills Medical Centre*  
1-403-944-1110  
[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

*Office of Patient Concerns*  
1-855-550-2555

*Peter Lougheed Centre*  
1-403-943-4555  
[www.calgaryhealthregion.ca](http://www.calgaryhealthregion.ca)

*Rockyview General Hospital*  
1-403-943-3000  
[www.calgaryhealthregion.ca](http://www.calgaryhealthregion.ca)

*Tom Baker Cancer Centre*  
1-403-521-3723  
[www.cancerboard.ab.ca](http://www.cancerboard.ab.ca)

*Medical Social Workers*  
1-403-521-3723  
[www.cancerboard.ab.ca/Treatment](http://www.cancerboard.ab.ca/Treatment)

## Medical Support

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*211 Calgary*  
*provides information, including crisis information*  
211

*AIDS Calgary*  
1-403-508-2500  
[www.aidscalgary.org](http://www.aidscalgary.org)

*Alberta Alcohol  
and Drug Addiction  
Commission helpline*  
1-866-332-2322  
[www.aadac.com](http://www.aadac.com)

*Alberta Cancer Board*  
1-780-643-4640  
[www.cancerboard.ab.ca](http://www.cancerboard.ab.ca)

*Alberta Child and Youth  
Health Network*  
403-955-2297  
[www.sacyhn.ca](http://www.sacyhn.ca)

*Alberta Health Services*  
1-866-408-5465  
[www.albertahealth  
services.ca](http://www.albertahealth<br/>services.ca)

*Alberta Seniors  
Information Line*  
1-403-705-3246,  
1-800-642-3853

*Alcoholics Anonymous  
(AA)*  
#2, 4015 1st St S.E.  
1-403-777-1212  
[www.calgaryaa.org](http://www.calgaryaa.org)

*Calgary Community  
Services Directory*  
[www.informcalgary.org](http://www.informcalgary.org)

*Calgary Counselling  
Centre*  
1-403-691-5991,  
1-403-265-4980  
[www.calgarycounselling.  
com](http://www.calgarycounselling.<br/>com)

*Calgary Health Region*  
1-866-408-5465  
[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

*Cancer Information Centre*  
Tom Baker Centre  
1-403-521-3723  
[www.albertacancer.ca](http://www.albertacancer.ca)

*Candlelighters Childhood  
Cancer*  
1-403-293-7009  
[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

*City of Calgary*  
› *Services 311*  
dial 311 in Calgary  
1-403-268-2489  
[www.calgary.ca](http://www.calgary.ca)

*City Services*  
[www.calgary.ca](http://www.calgary.ca)

*Community Resource Team*  
1-403-299-9699,  
1-800-563-6106  
[www.woodshomes.com](http://www.woodshomes.com)

*Crisis Line*  
1-403-266-4357

*Health Link*  
1-403-943-5465

*Calgary Patients Concerns*  
1-855-550-2555  
[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

*Calgary Pregnancy Care Centre*  
24-hour hotline  
1-403-269-3110  
[www.pregcare.com](http://www.pregcare.com)

*Calgary Regional Health Authority*  
1-866-408-5465  
[albertahealthservices.ca](http://albertahealthservices.ca)

*Calgary Seniors Resource Society*  
1-403-266-6200  
[www.calgaryseniors.org](http://www.calgaryseniors.org)

*Canadian Cancer Society*  
1-403-205-3966  
[www.cancer.ca](http://www.cancer.ca)

*Canadian Red Cross*  
*loans medical equipment*  
1-403-273-4426  
[www.redcross.ca](http://www.redcross.ca)

*Distress Centre Calgary*  
*24-hour mobile response team*  
1-403-266-4357  
[www.distresscentre.com](http://www.distresscentre.com)

*Family Violence Information*  
1-403-310-1818  
[www.myhealth.alberta.ca](http://www.myhealth.alberta.ca)

*Health Link Alberta*  
1-403-943-5465,  
1-866-408-5465

*Meals on Wheels*

1-403-243-2834

[www.mealsonwheels.com](http://www.mealsonwheels.com)*Men's Line*

1-403-234-8973

*Narcotics Anonymous*

1-403-991-3427

[www.chinookna.org](http://www.chinookna.org)*Out is OK line (LGBTQ)*

1-403-234-8973

*Senior's line*

403-264-7700

*Seniors information line*

1-403-265-0661

*Suicide line*

1-403-266-4357

*Teen crisis*

1-403-264-8336

*We Care Home Health Services*1-403-225-1222,  
1-877-225-1227[www.wecare.ca](http://www.wecare.ca)**First Nations**

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*Aboriginal Health Liaison*[www.albertahealthservices.ca](http://www.albertahealthservices.ca)*Alberta Native Friendship Centres Association*

1-780-423-3138

[www.anfca.com/health](http://www.anfca.com/health)*Awo Taan Healing Lodge**family violence crisis line:*

1-403-531-1972

*Main Line:*

1-403-531-1970

[www.awotaan.org](http://www.awotaan.org)*Calgary Aboriginal Agencies and Services Guide*[www.calgary.ca/CSPS](http://www.calgary.ca/CSPS)*Native Addictions Services*

1-403-261-7921

[www.nass.ca](http://www.nass.ca)*Native Counselling Services of Alberta*

1-780-451-4002

[www.ncsa.ca](http://www.ncsa.ca)