



Yukon Continuing Care FAMILY & RESIDENT NEWSLETTER

Summer 2018



Welcome Message from our ADM

Karen Chan

Dear residents, families and friends:

This is my first opportunity to write to you since I joined Continuing Care. I have appreciated the very warm welcome Yukoners have given me and I am very happy to call Yukon home.

There is a lot of new and exciting activity underway. We will open Whistle Bend Place in October, and we will also open ten new beds at Thomson Centre this fall. We thank our hospital and doctors for their partnership in freeing up the space for us to open the final phase of Thomson Centre. The new phase at the Thomson Centre will help people who are currently in the community that need some respite care from time to time, and it will also help people transition from hospital to home.

We are also talking with Yukoners about what “aging in place” means to them. We will be arranging opportunities for current residents and their friends and families to provide us with their input. If you would like to set up an individual meeting, please contact 867-393-6305.

Wishing you a happy summer and please always feel free to contact me directly at karen.chan@gov.yk.ca or 867-334-3227.

Reviewing the Resident Bill of Rights

Policy Team

It is time to update the Resident Bill of Rights! Perhaps there is something in the Bill of Rights that you would like to add or changed?

We want your input!

Please contact the policy team at ContinuingCarePolicy@gov.yk.ca if you would like an electronic copy of the Bill of Rights.

Alternatively, you can pick up a hard copy of the Bill of Rights in the Family Information area near the entrance of each care home.

Family Advisory Group

We are excited to have a dedicated group of family members who meet quarterly to review our processes with the aim to improving our person-centred care.

We are looking for more interested family members to join! If you are interested in joining the Family Advisory Group, please contact:

Adeline Griffin, director Safety and Clinical Excellence
Email: adeline.griffin@gov.yk.ca Phone: 667- 8750

Update on resident moves

Cecilia Fraser

Hello everyone! Whistle Bend Place is on track to open this fall and we are so excited!

There will be information sessions this summer so people can make the best choice about where they would like to live.

For people who decide to move to Whistle Bend Place, we will make sure that every person has a “move plan” that is specific to their needs.

Later this summer we will have a special tour of Whistle Bend Place for you and your loved one. We will post more information about the tour when we have an exact date.

If you have any questions or concerns please contact Cecilia Fraser, the acting director for Whistle Bend Place. Cecilia’s contact information is:

E-mail: Cecilia.fraser@gov.yk.ca

Phone: 867-393-6314

Government of Yukon aging in place initiative

Barb Adel & Nancy Kidd

To many people, “aging in place” means having the health and social supports and services you need to live safely and independently in your home or your community, for as long as you wish and are able.

However, aging in place can also mean different things to different people. We need to remember that approaches to support aging in place will likely look different in each Yukon community.

Continuing Care is now coordinating a long-term public engagement to determine a Yukon definition for the term “aging in place” and to identify ways to support aging well in the territory.

The first-ever Summit on Aging in Yukon was held in Whitehorse on June 6, to kick-off the seven-month engagement process. The summit was very well attended and the participants generated some great ideas!



Next up, the aging in place team will be travelling to all Yukon communities so we can hear from everyone who wants to participate in this important conversation. Our team will

come to you – we will meet with individuals or groups, or attend meetings or public events.

The aging in place engagement team will also be visiting all of our long term care homes before the end of November to hear the input from our residents and their families.

At the end of the engagement process a summary “What we Heard” document will be generated and provided to the government for their consideration.

If you have any questions about the Aging in Place Initiative please contact either Nancy Kidd or Barb Adel at aginginplace@gov.yk.ca or 867-393-6305

The Food from Outside Sources policy is changing!

Policy Team

Food helps us stay connected to each other and to our culture. The Food from Outside Sources policy is changing, and becoming more inclusive.

Thank you to the Resident Councils from Copper Ridge Place and Macaulay Lodge for your input into this important policy.

Thank you as well to the Family Advisory Committee and our First Nation Liaison workers for your input. Stay tuned for an updated policy!

Continuing Care vegetable garden

Therapies

DID YOU KNOW?

Each year Therapies staff are very excited to help residents grow flowers and vegetables in the gardens around our care homes. We have raised beds that are wheelchair accessible so as many people as possible can participate! Despite our late spring season this year, flowers and vegetables were planted.

Your loved one has an opportunity to tend to the gardens by watering, weeding and deadheading flowers. Eventually they will harvest the vegetables and, with staff support, prepare the vegetables for a lovely harvest feast! Yum!

Everyone loves to sample what they have grown and what could be a better snack than fresh vegetables? At Whistle Bend Place, the vegetable gardens are still in the planning stage, but it is certainly something to look forward to next year!



Canoe trip brings smiles and memories

Therapies

Residents of Copper Ridge Place paddled in a voyageur canoe on Chadburn Lake on Friday June 22nd. Julia (Recreation Therapist) organized this very special event for the residents, which turned out to be a magical day, as described by a family member present. It was great to see the residents soaking it all in – the beautiful scenery with Grey Mountain in the background, the sunshine, the light breeze, the clear turquoise water... some residents recounted their previous experiences paddling in a canoe, and it also brought back some of their memories of hunting and fishing in the North. Some residents were simply happy enjoying the scenery and the great company.

It was great to see CRP staff, volunteers, family members, and residents working as a team as they paddled in unison down the lake.

Thank you to everyone involved for making this event as successful as it was! A special thank you to Julia for all the planning work behind the scenes.

See photos on the next page.



Getting ready...

Out on the water.



DO YOU HAVE A QUESTION OR CONCERN?

Please let us know. We are here to listen. The team providing care to your family member wants to hear from you.

You may also share your concerns with...

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